The 2 Day Soul Voice® workshop

Do you wish to let loose with your voice, to sing, to shout, to scream, to roar... to free yourself from the constraints of expectations & opinions? Do you feel like you're holding back, afraid to truly express yourself and how you feel?

Then step boldly into a world where your voice is the perfect instrument for your highest and best healing, potential & wellbeing. Where you can belt out the song that's been hiding within you, not caring about the key or the melody, and instead, just letting it flow freely. Where you can shed the layers of expectations, image and perfection to embody your authentic, shining self. Where you are the Superhero of Self-Expression!

- Learn how to expand your vocal range & capacity.
- Learn to enhance your listening skills and intuition.
- Learn how to active & stimulate your Vagus Nerve.
- Learn to produce powerful Overtone sound healing frequencies.
- Learn how to connect more deeply to yourself & clear old trauma.
- Learn how to unravel layers of beliefs & programming simply & easily.
- Learn to become a pure, clear channel and a vessel for your own healing.
- > Learn to explore the cosmic & earthly aspects of yourself on all levels.
- ➤ Learn to hit the notes that resonate not just in your vocal cords but in your whole being.
- Learn to wield your voice like a sword & cut through the noise & illusion to unveil your hidden truths.

It's time to unleash your Inner Rock Star, Medicine Woman or Shaman. It's time to unleash... YOU!

This is your show – a wild and wonderful journey of self-expression. Your voice and the way you authentically express yourself are different to every other being on the planet, so it's not about producing a specific note or frequency, but rather accessing all notes & all frequencies from within, that are uniquely you.

Learn to connect with the frequencies that are exactly right for whatever it is that you are working with... authentically, organically and with your own unique sound language.

Reach soul-stirring highs naturally, and plummet into the depths of your being without holding back. Heal deeply rooted wounds, shift energetic patterns & step fully into your power and potential... all while embracing every part of who you are. It's gritty, it's earthy, and it's a symphony of self-discovery and a cosmic voyage all wrapped up in one.

If you resonate with any of the following statements, this workshop is for you:

- I'm so tired all the time.
- I wish I was more intuitive.
- I don't have any time for myself.
- I hate the sound of my own voice.
- My throat chakra is totally blocked.
- I have a hard time saying NO to people.
- My body is in constant pain and nothing helps.
- I am too much in my head and not grounded enough.
- I'm tired of experiencing the same things over and over.
- I've worked on this issue so much and it doesn't change anything.
- I don't know how I really feel because I'm so disconnected from myself.
- I want to be able to set clear boundaries but I'm hopeless at speaking up.

This is your invitation to stand tall, belt it out, ground it in and embrace your sound – your unique, soulful sound that's been itching to burst forth.

At its core, the Soul Voice® method is a journey of profound healing across the physical, emotional, mental and spiritual levels. It is learning to shed old habits, programs and beliefs that no longer serve you. This modality empowers you to heal pain, stress, anxiety, trauma and much more, using the inherent power in your own voice.

Let's redefine what your voice means to you, beyond the ordinary & beyond all limits!

It's time to remember who you are!



The investment for the whole weekend is \$530 per person and you place in the workshop is secured when you make a \$150 non-refundable deposit. The Early bird investment of \$460 if paid in full 1 month before the workshop commences. (We don't want you to miss out simply due to finances, so Payment Plans are available.)

Your investment includes 2 full days of tuition by an Accredited Soul Voice® Teacher, a copy of the book 'Expression Into Freedom' by Karina Schelde, the founder of the Soul Voice® Method, Tea, Coffee & snacks at the workshop.

Once you have sent your registration form and made your payment, you will be sent an email with further practical details & information, what to bring & a daily schedule for the workshop.

Venue: Byfield Hall, Yeppon Byfield Rd, Byfield QLD 4703, Australia

Date: Saturday 22nd & Sunday 23rd June 2024.

Times: 9am to 6pm both days.

Your Teacher for this 2 day workshop is Melissa McCormack. Melissa has been training in the Soul Voice® Method since 2006. She is an Accredited Soul Voice® Teacher and a Certified Practitioner & who has been facilitating these workshops since 2017. She has over 25 years of experience, training & qualifications in the complementary therapy industry and has worked professionally with hundreds of clients & students. Gail Kircher will be your amazing Assistant.

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This weekend is also a prerequisite for future Soul Voice® trainings such as the 5 day Advanced Sound Initiation Retreat & the Practitioner Certification Program with Karina Schelde, Founder of Soul Voice®.