

**Testimonials from the 2 day Soul Voice® Experience workshop
with Founder Karina Schelde**

Soul Voice® is a beautiful simple "tool", I can use for the rest of life... and it's free... just need to go inside... truly listen... and give my feelings a voice in sound. Thank you Karina, for your strong and compassionate Mother Earth heart of boldness, that feels, knows and senses all, as well as your eyes and ears that sees and hears all.

Your Soul Voice® mesmerised me... **you stand so fully 'in it'**, and that moved me deeply. Your passion, vision and true leadership in this 'work' could truly heal the world.

South Africa needs Karina Schelde to help us heal from the past and all that has been sealed away in our hearts.

If each one of us could be at peace and harmony within **ourselves**, each community and eventually, the country would also be in peace in harmony too.

Lorraine Relleen, Durban, South Africa

Karina gently coached each and every one of us; pushing us beyond our boundaries in the most graceful way. The collective energy and resonance was one of profound deep healing... a truly magical transformation at a cellular level. It is with immense gratitude that I experienced the unlimited potential encoded in my being. I see the world through different eyes. I listen with renewed ears. My heart beats to a new frequency in tune with nature and mother earth while feeling more grounded and serene than ever before.

Michelle Johnstone, South Africa

Extraordinary and inexplicable wonderful experience!

Karina, you are the missionary of the universe to bring this cosmic magic to the world. I thank the Cosmic Gods that guided you and told you... "Go out in the world and teach this magical 'sound-force' we all have."

I came to the workshop with no expectations however very curious. I left completely renewed and filled with a vital energy so tangible that it is impossible not to feel and live it every day onwards! The strength of the energy we generated from the sounds produced in every cell, and every atom of our body is an unimaginable and very powerful energy.

You need to do this process to understand what this magic is about!

Thank you Karina, for your donation and shared love on these special two Soul Voice® days, forever unforgettable!

Ariadni Lamar Speciale , Brasilia

It has been 7 weeks since my Soul Voice® Experience in Auckland, NZ and I wish to tell you it was LIFE CHANGING. My Soul Voice® Experience was AMAZING!!! It was deep, profound and stounding. OUTSTANDING!

I am honoured to have met founder Karina Schelde. She was everything I had hoped for and so, so much more. What a woman! What a being! What a spirit!!! What a gift to this world!!! She is truly awe inspiring!

Never will I dismiss my voice again. Never shall I not speak my truth. Never again will I be silenced.

I feel at peace. I feel grounded. I am more compassionate, benevolent. I have strong universal guidance. I am focused. I have deeper humility, respect, gratitude and wisdom. My instincts are sharp. My singing voice is more beautiful and my creative energy is flowing. Physical pain and stiffness is leaving my body so I feel younger and more vibrant. I have clarity.

Today I continue to sound myself into personal freedom and encourage humanity to do the same.

In Sacred Resonance

LesleyAnne Mitchell, New Zealand

I am amazed with the depth of this technique. The 2 day Soul Voice® workshop helped me to release an absurd amount of energy that was trapped inside me for a long time, generating great frustration. To use my own voice to awaken my inner power was one of the most transformative experiences I ever had.

Now I'm much more connected with my true self and whenever I feel that my energy is unbalanced, I make sounds with my voice based on my intuition. I'm loving this process of self knowledge and self healing and after feeling such a positive impact in my life I'm deeply inspired to go deeper in this great technique that is the Soul Voice. Thank you Karina for offering this precious gift to the world.

Claudia Arakasi, Australia

Not only did I find my free spirit I was also healed on a physical level. Before this wonderful workshop I had three small lumps in my chest which are now gone... actually they were gone 2 days later. The power of our authentic voice heals us on all levels and I am so grateful to Karina and her beautiful Soul for the Sound Healing that she so loves to share with the world. If you want to find your true authentic self through self-expression, a Soul Voice® workshop may be the answer to your prayers.

Cathy Hungerford , Australia

After two extremely intense days of a Soul Voice® workshop I have emerged feeling spring cleaned, alive, activated, fresh, new and a hell of a lot lighter!! I have experienced and studied many types of therapies and am blown away by the simplicity of this method; how powerful is the use of my own voice in different ways! ~ for clearing, for healing, for expressing, for celebrating...always available to me, costs me nothing and can offer so much! WOW! I am addicted!

I hope to study Soul Voice® more and more to one day be able to offer this to others.

Swaha Linda Copland, Bali